

DECLUTTER YOUR HOME IN ONE DAY

Room by Room Checklist

Put away, discard or donate! You can do it!

Bedroom

- Clothing you haven't worn in the past year.
- Shoes that are uncomfortable or worn out.
- Under-bed storage items that you've forgotten.
- Old jewelry and accessories you no longer wear.
- Bed linens and pillows that are past their prime.
- Unused electronics and chargers.
- Personal documents that are no longer relevant.

Living Room

- Old magazines and newspapers.
- DVDs, CDs, and games not used in the past year.
- Decorations that no longer fit your style.
- Books you'll never read again.
- Electronic devices and cables that are obsolete.
- Furniture that clutters the space.
- Toys the kids no longer play with.
- Blankets and pillows that are worn out or unused.

Kitchen

- Expired food from the refrigerator and pantry.
- Unused gadgets and appliances.
- Storage containers and missing lids.
- Bakeware that you never use.
- Old spices and condiments.
- Anything that doesn't belong in the kitchen.
- Unused cookbooks and recipe magazines.
- Excess dishes and utensils.

Bathroom

- Expired medications and vitamins.
- Old makeup and beauty products.
- Worn out or frayed towels.
- Unused health and beauty gadgets.
- Clutter under the sink.
- Old perfumes and colognes that you don't use.
- Outdated hair styling tools and products.

Home Office

- Paperwork not needed for tax or legal reasons.
- Obsolete electronic devices.
- Unused office supplies.
- Outdated or irrelevant books and manuals.
- Promotional items like freebies and giveaways.
- Old cables and chargers.
- Unnecessary documents and miscellaneous junk.

Garage

- Broken tools and equipment.
- Unused sports and fitness gear.
- Old paint cans and chemicals (discard through council).
- Outgrown children's toys like bikes and scooters.
- Unused gardening supplies.
- Damaged / old / unused holiday decorations.
- Old car parts and accessories.
- Old / damaged suitcases

