

DON'T OVERTHINK IT

Things you can let go now

Which of these can you live without?

Print and cross out what no longer serves you. Then donate or discard.

- Fondue set: perfect for the occasional fondue night, but not a weekly necessity.
- Waffle maker: great for weekend brunches, often neglected during the week.
- Ice cream maker: fun for homemade treats but not commonly used.
- Bread maker: handy for fresh bread, yet often underutilised.
- Mandoline slicer: excellent for precise slicing, but most meals don't require it.
- Deep fryer: delicious results, yet not a frequent cooking method.
- Spiralizer: creates veggie noodles, but typically not an everyday gadget.
- Egg cooker: useful for perfect eggs, though not always needed.
- Raclette grill: a social dining experience, used sparingly.
- Cake pop maker: fun for parties, not for regular baking.
- Juicer: great for fresh juice, yet time-consuming and often skipped.
- Popcorn maker: ideal for movie nights, but stovetop popcorn works too.
- Panini press: delicious sandwiches, but a standard pan can suffice.
- Slow cooker: useful but not essential for every week's meal plan.
- Food dehydrator: makes healthy snacks, though not a frequent process.
- Electric griddle: convenient for breakfast spreads, but not daily.
- Pasta maker: fresh pasta is a treat, but store-bought is easier.
- Specialty knives: like a cheese or boning knife, often specific in use.
- Coffee grinder: for fresh grounds, but pre-ground coffee is convenient.

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- Old magazines: that stack of last year's fashion mags.
- Unworn jewellery: those earrings you bought on a whim but never wear.
- Extra blankets: that old, heavy blanket you haven't used in ages.
- Decorative pillows: those extra pillows that just get tossed on the floor.
- Out-of-season clothes: store them elsewhere.
- Books you've read: or those you never intend to read.
- Unused handbags: the ones you haven't used in months.
- Shoes that don't fit: or those you simply don't wear anymore.
- Expired medications: check the dates and toss the old stuff.
- Old makeup: makeup that's past its prime can go.
- Unused hair products: that mousse you bought for one specific hairstyle.
- Extra towels: keep a couple, but you don't need a dozen.
- Travel-sized toiletries: those mini shampoos from hotels that you never use.
- Expired skincare products: that face cream you forgot you had.
- DVDs: especially those you haven't watched in years and can stream online.
- Decorative pillows: excess ones that you constantly move around.
- Board games: the ones gathering dust.
- Candles: decorative candles that you never light.
- Remote controls: for devices you no longer own or use.
- Outdated electronics: old phones, chargers, and gadgets that no longer work.