

10 DAILY / WEEKLY HABITS

For a clean and tidy home

Spend a few minutes each day or each week to maintain a beautiful home

1. Make your bed: start your day by making your bed. It sets a positive tone and immediately makes your bedroom look tidier. Spend **2 minutes** straightening sheets, fluffing pillows, and arranging blankets neatly.
2. Clean as you cook: prevent kitchen mess by cleaning up **while** preparing meals. Wash dishes, wipe counters, and put away ingredients **as you go**.
3. Wipe down surfaces: keep surfaces clean by wiping them down **daily**. Use a damp cloth to **quickly** clean kitchen counters, bathroom sinks, and tables.
4. Do a quick declutter: spend **5 minutes** each day decluttering. Pick **one room** and put away items that are out of place, like toys, books, or clothes.
5. Handle mail immediately: prevent paper clutter by dealing with mail **as soon as** it arrives.
6. Laundry routine: keep up with laundry to avoid overwhelming piles. Do **one** load of laundry **each day or every other day**, including folding and putting away clothes.
7. Vacuum and mop floors: keep floors clean with a **weekly** vacuum and mop session.
8. Dust surfaces: reduce dust build-up by dusting **weekly**. Use a microfiber cloth to dust shelves, furniture, and electronic devices.
9. Clean bathrooms: maintain a clean bathroom with a **weekly** cleaning routine. Scrub the toilet, sink, and shower, and replace towels.
10. Change bed linens: freshen up your bedroom by changing bed linens **weekly**.